

## Deborah Jane Wells, Life Coach LLC Choose Your Energy: Change Your Life Coaching Program Weekly Individual Coaching Agreement

This Coaching Agreement between Deborah Jane Wells and **[CLIENT NAME]** begins on **[MM/DD/YYYY]** and continues until both parties mutually agree to a change or until one or both parties choose to terminate the agreement. The **\$3,000** fee for the program includes:

- My book Choose Your Energy: Change Your Life!
- 12 45-minute weekly coaching sessions
- A bonus coaching session if you pay the full program fees in advance.

Payment is made via credit card or PayPal and may be paid in full or in three equal installments of **\$1,000** before sessions one, five and nine.

Upon completion of the initial coaching program, our relationship will convert to a rolling four-session arrangement with payment of **\$1,000** due in advance of each group of four sessions.

The service to be provided is coaching, which is not in any way to be construed as, or a replacement for, psychotherapy, legal counsel or medical advice. Coaching is a personalized alliance that addresses situations, projects and relationships in your life. By listening and caring deeply, I guide you in connecting with your own inner wisdom. We identify the way you'd like to live. We determine what's blocking you and release you from the hold those blocks have over you—generating positive energy that will fuel you forward. Together we develop a plan to move you closer to your heart's desire.

If at any time you develop any concerns about our coaching relationship, please discuss them with me openly. My goal is to support you in the way you deem best. You are free to suspend our coaching relationship at any time. No fees are refunded for unused sessions. They are held in your account indefinitely and may be used toward any of the services I offer either by you or a third party you authorize in writing.

I promise you that all information provided to me will be kept strictly confidential except when otherwise required by law. I ask that you keep strictly confidential the financial terms of our agreement.

Unless other arrangements have been expressly made, you are always responsible for placing the coaching call to me at your appointed time at 303-330-8178. If I don't receive your call within 10 minutes after your designated session start time, the session will be deemed cancelled and you will have incurred the fee for the session. Please notify me if you know you won't be able to make your session, providing as much advance notice as possible. I will make every effort to accommodate your conflict and reschedule your session for a different, mutually convenient time. If you cancel with less than 24 hours' notice, you will have incurred the fee for the session. If you develop a pattern of missing appointments or cancelling at the last minute, we will discuss whether committing to regular sessions is really a priority in your life at this time.

Between appointments, you have unlimited email access to me to enhance and anchor the benefits of your coaching. If you wish to share a success or have an urgent question, please feel free to email me at <a href="mailto:deborah@djwlifecoach.com">deborah@djwlifecoach.com</a>. I will make every effort to respond to your email within 24 hours. In the case of a true emergency, you may call me directly at 303-330-8178. If you leave a message, I will get back to you just as soon as I can.

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I, **[CLIENT NAME]**, hereby certify that I do not suffer from any physical or mental disability that might affect my participation in the coaching process, and, if I have any substance abuse problem or mental illness, I have consulted with my physician and/or other health care professional and have been advised that I may participate in the coaching process without risk. I agree that if there is any change in this representation, I will promptly advise Deborah Jane Wells.

I agree that, in the event of any claim or grievance by me against Deborah Jane Wells, my sole remedy will be the return of any fees paid to Deborah Jane Wells for unused sessions. Deborah is not responsible for any direct, indirect, incidental or consequential damages beyond this amount.

I understand that this document contains all of the information given to me by Deborah Jane Wells and all other representations or statements (prior or subsequent, whether oral or written) are superseded by this document.

Our signatures on this agreement indicate a full understanding of, and agreement with, the information outlined above.

Client: [CLIENT NAME]

Client Signature: (electronic agreement serves as your signature)

Guardian Signature (if client under 18 years of age): (electronic agreement serves as your signature)

Coach: Deborah Jane Wells, Life Coach LLC

Date: [MM/DD/YYYY]

Coach Signature: **Deborah Jane Wells**